

9天7晚

尼泊尔 雪山之国，灵魂之旅

加德满都 / 博卡拉 / 萨朗科特 / 奇特旺

Nepal

Journey to the Land of Snowy Peaks and Sacred Temples

Kathmandu / Pokhara / Sarangkot / Chitwan

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哈尔施塔特

奥地利上奥地利州萨尔茨卡默古特地区的一个村庄，位于哈尔施塔特湖畔，因景色秀丽被称为“世界上最美的小镇”，历史上这一地区因盐而致富

Validity: All Season

CODE: 9KTM

8天7晚 尼泊尔 雪山之国，灵魂之旅

DAY

1 吉隆坡/新加坡 (飞往) 加德满都

机上用餐 / 晚餐

集合并前往樟宜国际机场飞往**加德满都**机场，开始您的雪山之国，灵魂之旅。
抵达加德满都国际机场后，迎接并接送往酒店。途中将安排晚餐。抵达酒店后请好好休息，为接下来的行程养精蓄锐。

住宿 (Local 5*) Hyatt Place or similar

DAY

2 加德满都 - 博卡拉早

早餐 / 午餐 / 晚餐

在酒店享用悠闲的早餐后，办理退房手续，随后启程前往风景如画的【博卡拉】。

途中安排午餐，沿途您可欣赏特里苏利河畔的美丽景致，观赏漂流活动，并感受尼泊尔乡间的乡土人情。

抵达博卡拉后，前往酒店办理入住手续，其余时间自由活动。晚餐于酒店内享用。

住宿 (Local 4*) Hotel Sarowar or similar



DAY

3 博卡拉 - 萨朗科特

早餐 / 午餐 / 晚餐

清晨早起，前往【萨朗科特】，欣赏壮丽的喜马拉雅山脉风光，包括**鱼尾峰**、**安娜普尔纳山脉**等多座巍峨雪山，感受大自然的雄伟与宁静。随后参观【**宾德巴辛尼神庙**】，体验当地民众虔诚膜拜女神的宗教氛围。

返回酒店享用早餐后，继续前往【**费瓦湖**】，乘船畅游湖面，并参观湖心岛上的【**塔尔巴希神庙**】。之后参观【**戴维瀑布**】及神秘的【**古普特苏瓦尔洞**】，领略大自然的鬼斧神工。

稍作休息后，驱车前往【**庞迪科特**】，参观高大的【**湿婆神像**】，随后徒步登上山丘，前往【**世界和平塔**】，俯瞰博卡拉全景，尽收湖光山色于眼底。参观结束后返回酒店，晚餐于酒店内享用，晚上自由活动并休息。

住宿 (Local 4*) Hotel Sarowar or similar

DAY

4 萨朗科特 - 奇特旺

早餐 / 午餐 / 晚餐

酒店享用较晚早餐后，驱车前往【**奇特旺**】。午餐后导游介绍后续行程及丛林活动安全须知。进行丛林徒步，感受自然。傍晚观赏**塔鲁族木棒舞**表演。晚餐及住宿酒店。

住宿 (Local 4*) Rainforest Hotel or similar

DAY

5 奇特旺

早餐 / 午餐 / 晚餐

早餐后展开丛林探险：乘坐大象或吉普车观赏野生动物（犀牛等），乘木船游览河流，观赏鸟类和鳄鱼。参观大象繁育中心，了解保护工作。傍晚返回酒店，自由安排。午餐晚餐均在酒店享用。

住宿 (Local 4*) Rainforest Hotel or similar

DAY

6 奇特旺 - 纳加阔特

早餐 / 午餐 / 晚餐

早餐后办理退房，驱车约1.5小时前往【**纳加阔特**】。途中或抵达后安排午餐。抵达后欣赏日落美景，欣赏远处迷人的日落美景。办理入住，余下时间自由活动。晚餐及住宿酒店。

住宿 (Deluxe Hotel) Mountain Vista Retreat or similar



DAY

7 巴德岗杜巴广场 - 博达哈大佛塔

早餐 / 午餐 / 晚餐

清晨欣赏日照雪峰（珠穆朗玛峰、朗唐山、卓奥友峰等）。回酒店早餐后，驱车参观【**巴德岗杜巴广场**】感受古都文化。

随后参观【**博达哈大佛塔**】。晚餐后返回酒店休息。

住宿 (Local 5*) Hyatt Place or similar

DAY

8 加德满都 (飞往) 吉隆坡/新加坡

早餐

早餐后参观【**加德满都杜巴广场**】及【**斯瓦扬布佛塔**】，俯瞰城市全景，感受宗教文化。午餐后前往**塔美尔** (Thamel) 商业区自由购物。随后送往机场，搭乘航班返回温馨家园，结束愉快旅程。（依据航班起飞时间而做调整）

DAY

9 抵达吉隆坡/新加坡

机上用餐



8DAY 7NIGHT NEPAL

DAY 1 Kuala Lumpur / Singapore (Flight) Kathmandu

Meal on Board / Dinner

Welcome to a unique experience for this Trip. Assemble and proceed to airport for your pleasant flight to **Kathmandu**.

Arrive at Kathmandu International Airport, where our representative will greet you and transfer you to the hotel. Dinner will be provided en route. Upon arrival, please rest well and recharge for the exciting days ahead.

Hotel (Local 5*) Hyatt Place or similar

DAY 2 Kathmandu - Pokhara

Breakfast / Lunch / Dinner

Enjoy a leisurely breakfast at the hotel before checking out. Depart for **Pokhara** with lunch arranged en route. Enjoy scenic views along the way, including rafting on the **Trishuli River** and glimpses of local village life.

Upon arrival, check in to your hotel. The rest of the day is free for your own activities. Dinner will be served at the hotel.

Hotel (Local 4*) Hotel Sarowar or similar

DAY 3 Pokhara - Sarangkot

Breakfast / Lunch / Dinner

Rise early to visit **Sarangkot**, where you will admire breathtaking views of the Himalayas, including **Machapuchare (Fishtail)**, **Annapurna**, and other **snow-capped peaks**. Visit **Bindabasini Temple** to experience the local spiritual atmosphere.

Return to the hotel for breakfast. Afterwards, enjoy boating on Phewa Lake and visit the **Tal Barahi Temple** situated on an island in the lake.

Continue to visit **Devi's Falls** and the **Gupteshwor Cave**. After a short rest, drive to Pumdikot to see the giant Shiva Statue, then take a short hike to the World Peace Pagoda. Return to the hotel for free time, dinner, and overnight rest.

Hotel (Local 4*) Hotel Sarowar or similar

DAY 4 Sarangkot - Chitwan

Breakfast / Lunch / Dinner

After a leisurely breakfast, depart for **Chitwan**.

After lunch, your guide will brief you on the upcoming itinerary and safety guidelines for jungle activities. Embark on a jungle walking tour to immerse yourself in nature's wonders. In the evening, enjoy a traditional Tharu stick dance performance.

Dinner and overnight at the hotel.

Hotel (Local 4*) Rainforest Hotel or similar



DAY 5 Chitwan

Breakfast / Lunch / Dinner

Begin an exciting jungle safari after breakfast. Choose between elephant rides or jeep safaris to explore the forest and spot wildlife, including rare one-horned rhinos. Take a wooden boat ride on the river to observe diverse birdlife and crocodiles in their natural habitat.

Visit the **Elephant Breeding Center** to learn about elephant conservation. Return to the hotel in the evening for free time. Lunch and dinner will be served at the hotel.

Hotel (Local 4*) Rainforest Hotel or similar

DAY 6 Chitwan - Nagarkot

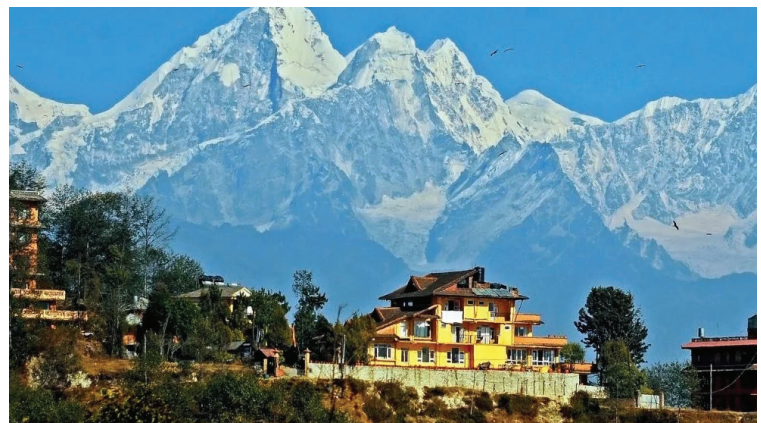
Breakfast / Lunch / Dinner

Enjoy a late breakfast before checking out. Drive approximately 1.5 hours to **Nagarkot**.

Lunch will be arranged en route or upon arrival. Take in the stunning sunset views over the distant hills.

Check into your hotel and enjoy free time. Dinner and overnight stay at the hotel.

Hotel (Deluxe Hotel) Mountain Vista Retreat or similar



DAY 7 Bhaktapur Durbar Square - Boudhanath Stupa

Breakfast / Lunch / Dinner

Wake early to witness the first rays of sunlight illuminating **majestic mountain peaks like Everest, Langtang, and Cho Oyu**.

Return for breakfast at the hotel. Later, visit **Bhaktapur Durbar Square**, rich with ancient history and culture, followed by a visit to the Boudhanath Stupa.

Return to the hotel for dinner and rest.

Hotel (Local 5*) Hyatt Place or similar

DAY 8 Kathmandu (Flight) Kuala Lumpur / Singapore

Breakfast

After breakfast, visit **Kathmandu Durbar Square** and the iconic **Swayambhunath Stupa** (Monkey Temple), offering panoramic views of Kathmandu.

After lunch, enjoy some free time shopping in the bustling Thamel district, perfect for picking up souvenirs. Later, transfer to the airport for your flight home, marking the end of a memorable journey. *(itinerary will be adjusted according to your flight departure time)*

DAY 9 Arrive Kuala Lumpur / Singapore

Meal on Board



Travel Information

Currency

Nepalese Rupee (NPR)

NPR 100 = MYR 3.20

Time Zone

GMT +5.45 (2.15 hours behind Malaysia Time)

Weather

Spring (Mar - May) : 8 - 30 °C

Summer (June - Aug) : 20 - 30 °C

Autumn (Sept - Nov) : 14 - 28 °C

Winter (Dec - Feb) : 2 - 20 °C

Entry Requirement

Malaysia Passport holder required VISA for visit Nepal.

PACKAGE ADDITIONAL CONDITIONS:

1. Tours are conducted in English/Mandarin Speaking Tour Guide Services.
2. Triple Room, Third person shall be based on a roll-away bed.
3. Confirm depart group minimum 10 person, 15 person arrange Tour Leader Services.

TRAVEL DOCUMENT

It is passenger's responsibility to ensure that have a valid international passport at least six (6) months from the return date of the trip, relevant visas & health certificates if required.

Travel Insurance: All tour members are encouraged to buy travel insurance to safeguard themselves against sickness, loss of money, cancellation, flight delays or loss of baggages.

TERMS & CONDITIONS:

1. Itineraries, meals, hotels and transportation are subject to change without prior notice.
2. Every person participating in Top-One Travel's Tours all travel at his/her own risk. Top-One Travel shall not be held liable to any person for additional expenses that may be incurred due to delays or changes in any transport services, sickness, weather, strikes, war or other causes.
3. Top-One Travel reserves the right to make changes to or cancel the itinerary at any time due to unforeseen circumstances, especially during peak periods or in the event of a force majeure.
4. For other terms & conditions, please refer our Tour Consultant of visit <http://www.top-one.com.my/more/tnc>.
5. Basic confirm departure group size are minimum 10.
6. All Pictures shown are for illustration purpose only.

配套基本条款

1. 所有行程景点以英文/中文讲解为准。
2. 如三人房型，房内第三名住客床褥将以折叠式为准。
3. 成团人数为10人。15人以上安排领队。

旅游文件

护照及签证 - 团员有责任确保护照有效期至少6个月或以上（从返程日期计算起），并且取得相关国家签证或准证。任何签证申请团员有责任提供任何签证申请相关资料。

旅游保险 - 出发前，建议您购买全面的旅游保险。

条规：

1. 所有行程，膳食，酒店住宿和交通可能会有所更动，依据任何的情况而定，恕不另行通知。
2. 若出现无法预测的特殊情况，特别是旅游旺季期间，第一旅游将保留更改行程或取消行程的权利。
3. 每位参与第一旅游的成员，必须为自身安全或行为负责。若出现无法预测的特殊情况（例如：交通延误/取消，天气，疾病，示威，战争，天灾等），而引发而外指出问题，第一旅游一概不负责，旅客需自行负责额外的费用。
4. 详细条规，请联络我们任何旅游顾问或游览 <http://www.top-one.com.my/more/tnc>。
5. 基本成团人数为10人。
6. 以上图片仅供参考用途，请以实物为准。

第一旅游机构（马）有限公司

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